

## Installing and Running Spectrum on a Mac

Spectrum is designed to run on a Windows PC. Below are instructions for installing Spectrum using a Windows emulator on the Macintosh.

Follow the instructions below to run Spectrum on a Mac operating system.

### **Option 1: Use Boot Camp to partition your hard drive with Windows**

Note: This option uses the Boot Camp software, which helps Mac users (Mac OS X) create a partition on their internal hard drive to use Microsoft Windows. You can only use Boot Camp Assistant on internal hard drives (not external hard drives). For this option, you will need to purchase Windows 7 (Home Premium should be sufficient), you will need the Mac OS X Install DVD that came with your Mac, and you will need a built-in or external CD drive. You will also need to install antivirus protection for your Windows partition.

Step 1. Download Boot Camp Assistant (<http://www.apple.com/support/bootcamp/>). Click on the **Boot Camp Assistant** in the Applications folder. Follow the directions to partition your drive. Based on experience, it is recommended to use a 50MB partition your drive for Windows.

Step 2. Continue to follow Boot Camp Assistant directions to download Windows. Once the installation is complete and the computer needs to restart, make sure to eject the disk.

Step 3. Once the Windows installation is complete, you will need to install the Apple Windows drivers using the Mac OS X DVD.

Step 4. To use Windows, you will need to restart your computer and hold down the "Option" button, then select "Windows." Then download OneHealth in Windows.

Final Note: If you want to undo this Boot Camp partition, boot your computer into OS X and re-run Boot Camp. Click the "Restore the startup disk to a single volume" button; this will destroy the Windows partition and will return your hard drive to its original one-partition configuration.

### **Option 2: Use Parallels Desktop and Windows Operating System**

Note: You will need Parallels Desktop software ([www.parallels.com](http://www.parallels.com) or [www.apple.com](http://www.apple.com)) and a Windows Operating System.

Step 1. Install Parallels software. Follow the instructions to install Windows.

Step 2. Turn off all other programs outside of Parallels (including email). Open Parallels in Full Screen Mode

Step . Install Spectrum from the Parallels Desktop.